



Theodore Roosevelt Association Scholar

Mia Grieco

Chesapeake, Virginia

Sponsor: CAPT Daniel C. Grieco

College: James Madison University

2025-2026: Sophomore

Major: Kinesiology, Pre-Physical Therapy

Academic & Extracurricular Highlights:

- The Black Ties Accapella Group
- James Madison University Experiments
- James Madison University Note Taker Volunteer
- HS Varsity Soccer & JMU Recreational Soccer
- National & Art Society
- Chorus



I am extremely grateful to receive the Theodore Roosevelt Association scholarship as it enables me to continue pursuing what I have dreamed of for the past decade of my life. From an early age, I have loved sports and the ability of the human body to move and adapt. As such, the complexity of the human body has always been and continues to fascinate me. As a dedicated soccer player throughout my growing years, I experienced some injuries and was exposed to the wonderful work that Physical Therapists do to assist athletes and people recovering from injuries. For me, the idea of helping people who have either been injured or are losing mobility due to age living a more comfortable and movement-filled life is something I am very passionate about. I am pursuing my Bachelor's in Kinesiology and Minor in Pre-PT at James Madison University, and will apply to Physical Therapy School after graduation to get my Doctorate in PT. It will be a long journey, but I am excited and determined to make it to the end of the road and help people live better lives. Thanks to this scholarship, I am closer than ever before to achieving my dreams.